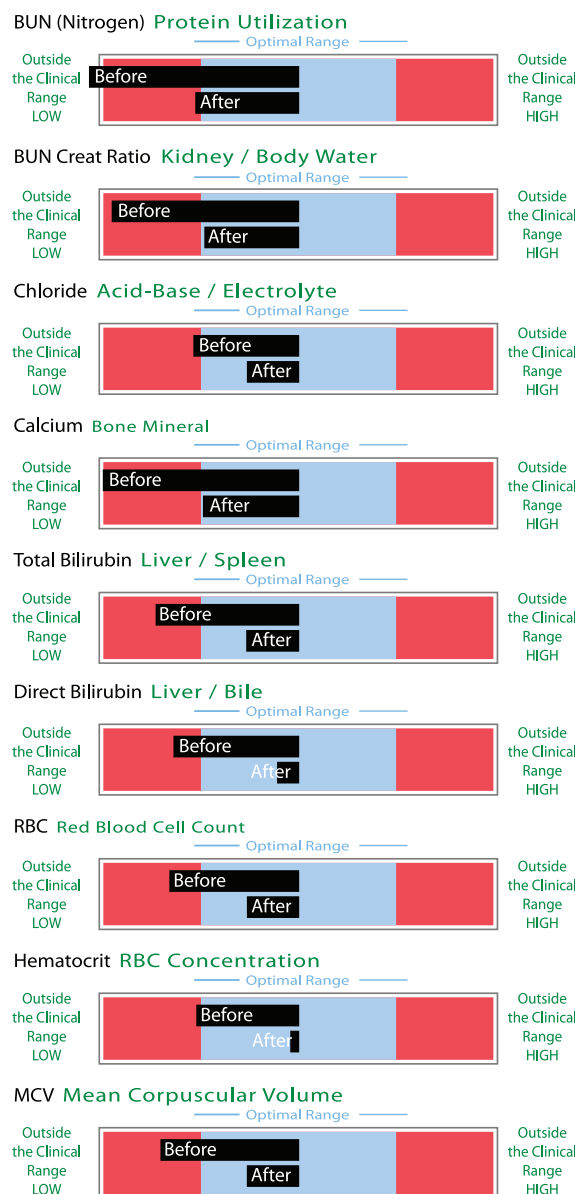


Balancing Client Blood Chemistries With Nutrition

A SAMPLE CLIENT REPORT: The following graphs display a small sample of the before-and-after results of a NutraCompute client who utilized the NutraCompute Supplement System in conjunction with their Personalized Health Profile report. Note that the “after tests” showed a 100% improvement.



Quality Supplements for Optimal Health

Setting their own standards for supreme quality, the professionals at NutraCompute have designed a supplement line with a wide range of vitamins, minerals, and herbs for optimal health. Each formula is blended to balance and nourish a specific glandular/organ system.

NO MORE GUESS WORK!

Taking the right supplements on a routine basis is a difficult task. First, which vitamins and minerals are right for your body? Second, **how much** of each supplement should you be taking? Studies have shown that overdosing on certain supplements can actually be harmful. After analyzing your blood chemistry, NutraCompute determines the **correct supplemental regimen and dosage amounts** for you.

NutraCompute recognizes that supplements are only part of the health equation. Diet, exercise, and lifestyle are equally important. For this reason, the Program also includes dietary **menu planning** and **recipes** in addition to lifestyle recommendations.

Supplements can be purchased through our Wellness Center and from our website:
www.NutraCompute.com

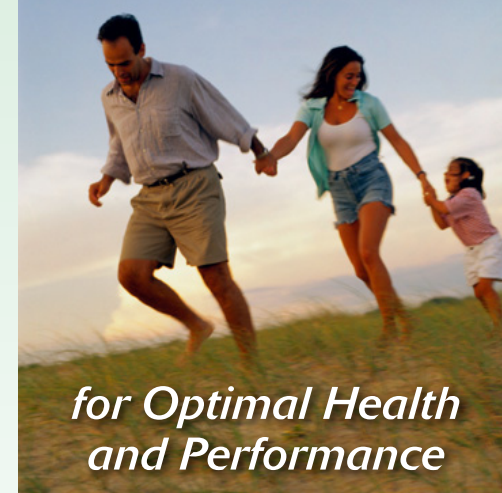
Our Professional Staff

Joseph R. Montante MD is a holistic physician. Dr. Montante received his medical degree in 1975 from Wayne State University in Detroit, MI. He has taken post-graduate training and now specializes in Orthomolecular Medicine, Nutrition and General Preventive Medicine. Dr. Montante is recognized as a pioneer in the field of Metabolic Nutrition. He lectures nationally giving educational seminars to health professionals on his original contributions in this rapidly growing specialty area. He is also the developer of the nationally-recognized **Nutrabalance** software analysis program. He can be contacted at boulderdr@nutracompute.com

Imelda Snisky, BA LPN. She received her BA from Fordham University in New York and her Nursing Degree from Front Range Community College. Imelda provides the nutritional counseling associated with the nutritional analysis programs for the NutraCompute Wellness Center. She provides general nursing care for Colorado Health Professionals (CHP). Imelda is also fluent in Spanish. She can be contacted at imelda@nutracompute.com

Innovative Wellness

Integrating Nutrition and Technology...



for Optimal Health and Performance



NutraCompute™

Computerized Analysis of Client
Laboratory Test Results Reinforced with a
Targeted Nutritional Supplement Program

Innovate Wellness – NutraCompute

710 Tenacity Drive, #100, Longmont, CO 80504
www.NutraCompute.com • info@NutraCompute.com
303-818-1278 • Fax: 303-772-5568

What is NutraCompute?

NutraCompute is a **computerized nutrition analysis program** that reveals glandular, digestive, and immune system imbalances. The analysis report identifies vitamin and mineral deficiencies reinforced with a targeted **supplement system**.

NutraCompute is based on laboratory science and objective measurements backed by 30 years of research and clinical experience in nutritional medicine.

NutraCompute is an efficient and cost-effective way to obtain a comprehensive nutritional program.

Why Nutrition?

Preventive medicine is the key to a healthy future. While preventive maintenance is of primary importance, we can still address problematic conditions by correctly nourishing the body. We are riding a wave of cutting-edge research in the area of nutrition as it affects blood chemistry and health. Every year a virtual sea of clinical studies, books and journals demonstrate the role of nutrition in balancing body chemistry. For example:

- The use of B6, B12, and Folate can balance **Homocysteine levels**, a reliable heart disease indicator).
- Magnesium deficiency is a contributing factors in **asthma**, **high blood pressure** & **osteoporosis**.
- Studies showed **cancer mortality** was 50% lower in patients receiving 200mcg of selenium per day.
- Chromium can have a beneficial effect upon **blood sugar stabilization** and **diabetes**.
- Up to 38% of patients with diagnosed **dementia** had low or deficient levels of folic acid.
- Increased Vitamin E and zinc have been shown to increase **immune function** in the elderly.
- Normalization of serum copper levels has been found to improve **violent-prone behavior**.
- Numerous studies have indicated a relationship between calcium/magnesium deficiencies and **heart disease**.



Symptoms of Nutritional Deficiencies

Blood chemistry is balanced by dietary recommendations as well as a carefully selected mixture of nutrients. Once lacking some of these nutrients, your body is unable to perform at its best. Educate yourself with NutraCompute and realize your nutritional needs. Correct supplement dosages can compensate for vitamin and mineral deficiencies which have been shown to cause a variety of health problems ranging from minor irritations to severe conditions. The following is a small sample of just five nutrients among the hundreds necessary for good health.

IF YOU EXPERIENCE:

- | | |
|---|---|
| ☐ blood sugar irregularities | ☐ chronic fatigue |
| ☐ chronic depression | ☐ elevated cholesterol |
| ☐ weight problems | ☐ tremors/shakes |

...you may be deficient in **Chromium**.

- | | |
|--|--|
| ☐ heart rhythm disturbances | ☐ hair loss |
| ☐ difficulty breathing | ☐ skin rashes |
| ☐ excess perspiration | ☐ diarrhea |
| ☐ fatigue | ☐ fragile bones |
| ☐ anemia | ☐ diabetes |

...you may be deficient in **Copper**.

- | | |
|--|---|
| ☐ severe menstrual cramps or bleeding | |
| ☐ cystic breast disease | ☐ susceptibility to infections |
| ☐ chronic fatigue | ☐ morning fatigue |
| ☐ stuffy sinuses | ☐ overweight |
| ☐ low sex drive | ☐ elevated cholesterol |

...you may be deficient in **Iodine**.

- | | |
|--|---|
| ☐ depression | ☐ anxiety |
| ☐ vague chest pains | ☐ shortness of breath |
| ☐ chronic fatigue | ☐ irregular heartbeat |
| ☐ attention deficit | ☐ chronic constipation |
| ☐ indigestion | ☐ irritability |

...you may be deficient in **Vitamin B1**.

- | | | |
|---|-------------------------------------|--|
| ☐ indigestion | ☐ acne | ☐ constipation |
| ☐ elevated cholesterol | ☐ insomnia | ☐ mood swings |
| ☐ low blood pressure | ☐ depression | ☐ chronic fatigue |
| ☐ premature aging | ☐ bad breath | ☐ kidney stones |

...you may be deficient in **Vitamin B6**.

Here's How It Works

INTEGRATING TECHNOLOGY AND NUTRITION

NutraCompute offers a variety of testing packages. Our software organizes the laboratory results into metabolic classifications which are correlated to glandular/organ function. The analysis generates a **15-25 page Personalized Health Profile Report** providing you with a clear and easy-to-understand **nutritional guidelines consisting of dietary, supplemental and lifestyle recommendations**.

NutraCompute goes beyond a simple blood test by providing you with a complete health analysis and a supportive staff, ready to answer questions and make recommendations regarding your nutritional evaluation. NutraCompute's testing panels and supplements are also available over the web. This selective line of vitamins, minerals and herbs will put your body back on the fast track to optimal health.

TESTING AND EVALUATION SERVICES OFFERED:

■ **Symptomatic Health Analysis** – 35 category questionnaire based on subjective complaints and past medical history. This survey is included in all Health Profiles.

I. **Basic Profile** – Computerized nutritional analysis to determine specific metabolic imbalances such as endocrine, immune or digestive. Includes 85 individual test measurements. Determines which supplements are necessary to bring you to optimal health.

II. **Whole Blood Minerals *plus* Basic Profile:**
Add 29 whole blood Trace Minerals and Toxic Metals for greater specificity and clarification.

III. **Amino Acids (30 count) *plus* Basic Profile:**
Includes 30 amino acids such as *proline*, *arginine*, *glutamine*, *glycine*, and *ornithine* from blood and/or urine samples. This may be of special interest to individuals who want to increase lean body mass.

IV. **Basic Profile *with* Whole Blood Minerals *plus* Amino Acids (30 count):** As described in III.

V. **Food Allergies – IgG1 thru IgG4 Food Antibodies (90 Antigens) *with* Basic Profile *and* Whole Blood Minerals:** As described above.

VI. **Male Hormone Panel *with* Basic Profile:** Contains Testosterone, Pregnenollone, Estradiol, Cortisol and DHEA plus the same tests in Panel 1 plus panel II.

VII. **Female Hormone Panel *with* Basic Profile:**
Contains Fractionated Estrogens (E1, E2, And E3), Progesterone, Testosterone, Cortisol, and DHEA, plus the same tests in Panel 1 plus panel II.

*All Profiles are based on the analysis of blood, urine, saliva, and/or hair samples and include the Personalized Health Profile Report.